



friendship force  
WISCONSIN - MADISON



[ffwis.org](http://ffwis.org)

SEPTEMBER 2021

## A NOTE FROM THE PRESIDENT

It was encouraging to see over 30 Friendship Force members at our summer picnic in July! Finally, an event to bring a large number of us together in person! We have a few more months of weather conducive to a wide variety of outdoor activities, so let's make the most of this time when in person gatherings outdoors can continue with a fair degree of safety and comfort for our members.

Our Covid Safety Committee will soon reconvene to review our Covid safety practices, as we are making final preparations for our first Inbound journey since the pandemic began, and also approaching the cold weather months. It's a good opportunity to assess what has worked well and determine how we can do even better to support a safe and comfortable environment for all. I encourage you to send us your questions, concerns and feedback.

Kathy Speck



Summer in Wisconsin

## CALENDAR OF EVENTS

### Monthly Board Meeting:

The FFI Madison Board meets VIRTUALLY on the second Wednesday of the month @ 12:30 pm

Sept. 13-20: Tour de Wisconsin. "Journeys"

Sept. 14 : Club Welcome Dinner for Cyclists. "Activities".

Sept 19: Club Farewell Dinner for Cyclists. "Activities"

Sept. 30: Second Harvest Food Bank. "Activities"

Oct. 25: Book Club. "Activities"

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Please check our Wisconsin – Madison website ([ffwis.org](http://ffwis.org)) for any additions, updates, or corrections to event schedules during the month, and keep an eye out for email updates as well. We don't want you to miss anything!

Now that we seem to live on ZOOM, we remind you that ZOOM support is available from FFI and from our club.

View the FFI Zoom training video at

<https://vimeo.com/436845540>.

Or Contact Peter Kaufman [pkaufman@gmail.com](mailto:pkaufman@gmail.com)

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## JOURNEYS

### THE TOUR DE WISCONSIN

LAST CHANCE TO PARTICIPATE IN OUR BIKE JOURNEY - RESPONSE DUE BY SEPT. 5

Here are the two ways that all member of our Club can participate in our all-US Incoming Bike Journey:

- 1.) Join us for a meal to either welcome or say farewell to our bikers.
- 2.) Bike with the group.

We need to know if you are coming to any of these events ahead of time. This last chance to let us know is **Sun. Sept. 5, 2021**. If you check for meals is "in the mail" please **email by Sept. 5** to let us know you are coming: [ssorensen268@gmail.com](mailto:ssorensen268@gmail.com). Please wear your FF name tag!

#### Safety information regarding meals:

Welcome Dinner: If the weather cooperates, we can be out on a patio at Holy Wisdom Monastery for dinner. If not, we will be seated 4 to a table at every other table. The rooms have HEPA filters in the HVAC system. Masks will be required in the building when not eating. You will be served your food.

Farewell Dinner: The farewell picnic is outside in a park with an open shelter in case of rain.

**Registration Form for the Welcome Dinner and Farewell Picnic is attached at the end of this Newsletter, along with a Summary of Drop-Off/Pick-Up Times & Locations.**



Stephanie Sorensen, Journey Manager  
[ssorensen@gmail.com](mailto:ssorensen@gmail.com) // 608 819-6646

## ACTIVITIES

### BOOK CLUB



Reminding members that the Book Club will not be meeting this summer so our next meeting will be Monday, Oct. 25th at 7:00 pm on Zoom where we will discuss "Transcendent Kingdom" by Yaa Gyasi. The book is available in the Dane County library system.

### BIKING

On a hot August 19th, two bikers meandered through Fitchburg on a maze of bike paths and side streets. Maureen Kind and Jan Hornback took on the rather hilly ride. Apparently, the words, "hillier ride," scared off other participants! Maureen and Jan enjoyed beautiful vistas, blooming prairies, and amazing development in the area. A stop at the Hop Haus - Fitchburg proved to be a welcome and cooling break, with delicious food. Some cloud-cover made the hot day more bearable. All in all, it was a fun and enjoyable ride.

The biking group will not schedule any rides for September, since the Bike Journey will be taking place September 13 -20. Thank you to all, who are helping with that incoming journey. Members, who wish to join the those rides and activities are welcome. There is a sign-up sheet at the end of the August Newsletter.

October bike rides will be spontaneous "pop-up" rides. When rides "pop-up," Jan will contact persons that have let her know they may be interested in rides. If you wish to be added to that list, let Jan know.

Jan Hornback  
[jhornback@wisc.edu](mailto:jhornback@wisc.edu)  
608-216-4454 phone & text

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## ACTIVITIES

### LET'S WALK, LET'S HIKE

On August 13, three members had a lovely walk/hike at Pope Farm Conservancy in Verona. The sun was shining and although it was a bit warm, it was a great opportunity to relax and enjoy the beauty of nature. Pope Farm is close by with plenty of parking – a perennial favorite.



Ah – Selfies!! But we are all in the picture.



A gully at Pope Farm

### SECOND HARVEST FOODBANK

Our service project at the **Second Harvest Foodbank** will be on **Thursday, September 30, from 12:30 to 3:30 p.m. at 2802 Dairy Drive.** Let leader Lois Schulz ([loisschulz1942@gmail.com](mailto:loisschulz1942@gmail.com)) know of your interest by September 29.

## FRIENDSHIP FORCE INTERNATIONAL

Please click below to view a special video message from Jeremi Snook, CEO & President of Friendship Force International on the state of the organization, the future and how members worldwide can remain engaged and supportive during this ongoing global crisis.

[WATCH VIDEO](#)

## LOSSES IN THE FF FAMILY

### **Susan Becker – Celebration of Life**

Please join us for a memorial service celebrating the life of Susan Becker. Bring your memories of this wonderful sister, friend to everyone, devoted Christian, consummate volunteer and believer in our innate goodness. If ever a mountain seems too high, remember the mountains that Susan climbed during her time with us.



The service will be at Christ Presbyterian Church, 944 E Gorham St, Madison, on September 18<sup>th</sup> at 2:00 p.m., Rev. Sharol Hayner presiding. The social distancing and masking recommendations of the church will be followed.

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## PUBLIC HEALTH COVID UPDATE

More information is gathered and assessed every day concerning COVID 19 transmission and safety measures. We know our Newsletter is NOT a comprehensive or front-line source of information, recommendations or research findings. Nevertheless we want to point members toward some sources of information from public health professionals in our state and at the CDC.

Here are some summaries and links to public health websites that address safety and travel related issues.

### [Dane County and Madison Public Health](https://publichealthmdc.com/coronavirus)

<https://publichealthmdc.com/coronavirus>

### Wear a mask (face covering) in indoor public spaces.

Effective August 19, 2021, at 12:01am, face coverings are required among people ages two and older when in any enclosed space open to the public where other people, except for members of the person's own household or living unit are present.

Face coverings are also required while driving or riding in any form of public transportation.

See link: [Face Covering Emergency Order](#) and link: [news release](#) for details. This order is in effect until September 16, 2021.

### Testing

Regardless of your vaccination status, stay home if you're sick. This is true for COVID-19 and other viruses!

**If you're unvaccinated:** see link: [get tested](#) if you have symptoms or were exposed to someone with COVID-19.

**If you're vaccinated:** see link: [get tested](#) 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days after exposure or until a negative test result.

### Travel

If you plan to travel internationally, see link: [check out our fact sheet PDF](#) for international travel documentation. Also please see the link: [Wisconsin Department of Health Services' recommendations](#) for travel within Wisconsin, within the United States, and internationally.

### Wisconsin Department of Health Services

<https://www.dhs.wisconsin.gov/covid-19/travel.htm>

Before you travel, you should know:

1. Both international (overseas) and U.S. travel is risky.

## PUBLIC HEALTH COVID UPDATE

2. People diagnosed with COVID-19 and close contacts are prohibited from using public transportation (for example, planes, buses, ships, shuttles) during their isolation or quarantine period.
3. Mask wearing, regardless of vaccination status, continues to be required on all planes, buses, trains, and other forms of public transportation traveling into, within, or out of the U.S. and in U.S. transportation hubs such as airports and stations.
4. If you must travel, you should prepare for:
  - o Changing travel restrictions.
  - o [Requirements for airline passengers traveling to the U.S. from a foreign country.\(link is external\)](#)
  - o Isolating or quarantining for an extended period of time at your travel destination, thereby postponing your return.
  - o Planning for the impact of being away from your home for an extended period of time if you are required to isolate or quarantine in-place.
  - o Following [CDC post-travel recommendations\(link is external\)](#).

### Centers for Disease Control and Prevention (CDC)

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

This page will take you to a menu of options for more information about general guidance, boosters, science updates etc.

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## **BOARD CONTACT INFORMATION**

### **Standing Committee Chairs**

**Membership:** Lise R. Skofronick 608-274-7732

[liskofronick@gmail.com](mailto:liskofronick@gmail.com)

**Journey Manager:** Stephanie Sorensen 608-819-6646

[ssorensen268@gmail.com](mailto:ssorensen268@gmail.com)

**Activities:** Gail Holmes 608-249-1846 [glholmes@wisc.edu](mailto:glholmes@wisc.edu)

**Outreach:** Dorothy Baldwin 608-742-6493 [janddbaldwin@gmail.com](mailto:janddbaldwin@gmail.com)

**Communications:** Sandi Wysock 608-833-5326 [sandrawysock@msn.com](mailto:sandrawysock@msn.com)

### **Programs:**

Mike Lambert (608)-577-1057

[lambertmichaelj@gmail.com](mailto:lambertmichaelj@gmail.com)

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## **COMMITTEE MEMBERS & ACTIVITY LEADERS**

### **Activities Committee Members:**

Gail Holmes (chair) ([glholmes@wisc.edu](mailto:glholmes@wisc.edu)),  
Audrey Liimatainen ([AMCL822@yahoo.com](mailto:AMCL822@yahoo.com)),  
Lois Schulz ([loisschulz1942@gmail.com](mailto:loisschulz1942@gmail.com))

### **Leaders for specific activities are:**

Adopt-A-Highway – Stephanie Vanden Bush ([sljacobs2@gmail.com](mailto:sljacobs2@gmail.com))

Bike Rides – Jan Hornback ([jhornback@wisc.edu](mailto:jhornback@wisc.edu))

Book Club – Reta Harring ([retaharring@charter.net](mailto:retaharring@charter.net)) and Marian Ehrenberg  
([marianeh2014@gmail.com](mailto:marianeh2014@gmail.com))

International Institutes – Sandi Wysock [sandrawysock@msn.com](mailto:sandrawysock@msn.com)

Let's Eat Out (LEO) – Bobbie Vrooman ([bobbiesque@gmail.com](mailto:bobbiesque@gmail.com))

Dining on the 6<sup>th</sup> – Gail Holmes ([glholmes@wisc.edu](mailto:glholmes@wisc.edu))

Winter Snowshoeing/Cross-Country Skiing--Tamas Gaal ([tgaal@wisc.edu](mailto:tgaal@wisc.edu))

Second Harvest Food Bank--Lois Schulz ([loisschulz1942@gmail.com](mailto:loisschulz1942@gmail.com))

Day trips--Donna Hussin ([djhussin@yahoo.com](mailto:djhussin@yahoo.com))

**WISCONSIN FRIENDSHIP**  
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608-661-2810

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Members at Large: Peter Kaufman 608-848-3737  
Donna Ulteig 608-249-0022

**TOUR DE WISCONSIN WELCOME AND FAREWELL DINNER OPTIONS - EACH MEAL IS \$20.00**

Name(s): \_\_\_\_\_

Tue., Sept. 14 **Welcome Dinner** at Holy Wisdom Monastery at **5:30 pm**

Location: 4200 Co. Hwy M. Middleton:

\_\_\_\_\_ Mixed Grill (variety of meats) \_\_\_\_\_ Asian Stir Fry (veggie)

Sun., Sept. 19 **Farewell Picnic** at **4:30 pm**

Location: Huegel-Jamestown Park Shelter, 5902 Williamsburg Way, Madison:

\_\_\_\_\_ Meat Lasagna \_\_\_\_\_ Vegetarian Lasagna

Mail this form along with a check (\$20.00 each meal) made out to FF-WI-Madison to:  
Stephanie Sorensen, 1624 C North Golf Glen, Madison, WI 53704.

### Here are the current daily bike trail plans

If you want to come, you must contact Larry Neuman and tell him that you will participate by **Sept 5** at the latest. We need to know who will meet us at the trail head. Larry's email is: wlneuman@yahoo.com.

#### SUMMARY OF DROP-OFF/PICK-UP TIMES & LOCATIONS

DATE/TRIP/	OPTION	DROP OFF	PICK UP
Tues, City Loop	1	9:00 am, Odana Hills Parking Lot	3:15 pm, Odana Hills Parking Lot
	2	9:00 am, Odana Hills Parking Lot	4:45 pm, Odana Hills Parking Lot
Wed, Sugar River	1	9:00 am, New Glarus Trailhead	4:00 pm, New Glarus Trailhead
	2	10:30 am, Albany Trailhead	4:00 pm, New Glarus Trailhead
Thurs, Glacial River	1	9:00 am, Trailhead Parking Lot	2:30 pm, Trailhead Parking lot
	2	9:00 am, Trailhead Parking Lot	5:00 pm, Trailhead Parking Lot
Friday, Glacial Drumlin	1	9:00 am, Cottage Grove Trailhead	3:15 pm, Cottage Grove Trailhead
	2	10:30 am, Deerfield Trailhead	2:30 pm, Deerfield Trailhead
	3	9:00 am, Cottage Grove Trailhead	3:15 pm, Cottage Grove Trailhead
Sat, Three Lakes	1	1:30 pm, Olin Park-Turville Parking Lot	5:00 pm, UW Memorial Union
	2	1:30 pm, Olin Park-Turville Parking Lot	5:30 pm Olin Park-Turville Parking Lot
Sun, EPIC & Military Ride	1	9:00 am, Verona Trailhead	3:30 pm, Verona Trailhead
	2	9:00 am, Verona Trailhead	4:00 pm, Huegel-Jamestown Park