



The Friendship Force of Wisconsin

Changing the Way You See the World
May 2015



A NOTE FROM THE PRESIDENT

The month of May brings us two opportunities for getting together in the spirit of friendship. The spring highway cleanup is set for May 5 and the WHA Auction is May 31. Both of these activities are long standing commitments in our club and need volunteers to fulfill them. Why not you? Further details are inside.

Our website, www.ffwis.org, has some new photos of the hosted dinners on April 19 for seven delegates who were here with the International Institute of Wisconsin organization. The young leaders represented the countries of Liberia, Malaysia, Jerusalem, Russia, Saudi Arabia, South Africa, Trinidad and Tobago. Wow! All these talented and smart young leaders wanting to converse over dinner with us. Thank you so much to our two dinner hosts, Stephanie Sorensen and Jane Kessenich.

Our annual meeting was April 26, which makes this a good time to thank all of the people who put their efforts into making our club successful and fun this past year. To the exchange directors and their committees and volunteers who completed five exceptional exchanges in the past year, thank you! To the committees who met to update the exchange director manual and the bylaws, thank you! To your Board that meets monthly, in addition to untold additional hours, to guide the club toward fulfilling its mission, thank you! Finally to our members who so generously have financially supported our club with their dollars and through planning special events, thank you!

In friendship,

Helen Ann Rugowski, President

Directors Needed for 2016 Exchanges

We have been assigned an outgoing exchange to Cleveland County in the United Kingdom sometime in May 2016 (Exchange # 12607). We will have an incoming exchange from Nashik Riverside, India in July 2016 (Exchange # 12638). The last 2016 exchange will be from San Jose, Costa Rica in September 2016 (Exchange #12664). If you would like to be the director for any of these exchanges please call me at 608.833.5326 before May 30, 2015. Thank you for your anticipated cooperation in this matter.

George Wysock



2015 CLUB ACTIVITIES

Monthly Board Meeting – Third Friday – 11:30 AM
Everyone welcome - 615 E. Washington Ave., 2nd fl.

May 5—Adopt a Highway*

May 18—L.E.O. (Let's Eat Out)*

May 31—WHA Auction*

June 7—Ride the Drive*

June 18-25—Arizona Inbound Exchange*

June 30—Book Cub*

July 24-31—Guadeloupe Inbound Exchange*

July 30—Annual Picnic✍

August 29-31—FFI World Conference, Vancouver

2016

May 2016—Cleveland County, UK Outbound Exchange

July 2016—Nashik Riverside Club India Inbound Exchange

September 2016—San Jose, Costa Rica Inbound Exchange

* Information in this newsletter

☺ Information previously announced (Month in Newsletter)

✍ Information to be announced later

WHA AUCTION

If you didn't get a chance to sign up for the WHA Auction at the luncheon, please call me at 608.241.2248 and I will add your name and the type of job that you prefer to the list.

Reta Harring



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Arizona Inbound Exchange June 18-25, 2015

Need Hosts! In exactly 48 days, 11 ambassadors from Phoenix and one from Tucson will be arriving to spend a week with our club. Even though the week's activities are in place, further planning is unable to move forward until we have all our hosts for homestays, day and dinner. These are our needs:

Home Hosts

Provide sleeping accommodations and meals not part of organized program. Still need:

**2 couples, one with twin beds
2 single women**

Day Hosts

Provide transportation and companionship for a day's activities. Details of scheduled activities are listed in the April newsletter. Need for these days:

**Saturday, June 20 (Madison)
Monday, June 22 (Baraboo/WI Dells)
Tuesday, June 23 (Madison/Mineral Point)
Wednesday, June 24 (Baraboo/Sauk City)**

Dinner Hosts

Offer home to accommodate 6-10 people, including yourself. Can be pot luck or whatever dinner host decides. In addition to hosting two ambassadors and their host(s), invite family and friends.
Need 5.

We invite all of you to join us for the daily activities, welcome party, fish fry, and farewell dinner. See April newsletter for reservation form.

My contact information is djhussin@yahoo.com or 608.845.3393.

Welcome Party Date and Location Change

Circumstances arose since publication of the schedule of activities that has resulted in our having to change the date, time and location for the welcome party. The party will be held on Friday, June 19, at the Hinchley Dairy Farm prior to our afternoon tour. You are welcome to arrive any time after 11:30AM. Lunch is planned for 12Noon. Cost remains the same.

Share in the Friendship Force experience by being involved in the Arizona exchange!

Donna Hussin, Exchange Director



Guadeloupe Incoming Exchange July 24-31, 2015

The program for our club's first-ever English language exchange includes the Capitol, UW and Epic tours, a pontoon boat trip on the lakes, the Circus World parade and a bike ride. Only one of the activities during the week, called Frenglish, requires French speakers. We will be introducing the ambassadors to a Wisconsin fish fry and a Wisconsin brewery. We will be offering them the entertainments of Opera in the Park and a Concert on the Square. We need hosts and day hosts willing to speak English with these enthusiastic English learners. We will also need drivers of vans or larger cars for our trips to Baraboo, Monroe and Mount Horeb. The reservation form for the week's activities is included in this newsletter. Questions or suggestions? Please contact me via phone 608.274.6754 or email dmkind@sbcglobal.net.

Maureen Kind, Exchange Director



The date for spring clean-up of HWY 12 is Tuesday, May 5. Meet up at the Park and Ride lot at Hwy 12, Exit 249 (Middleton). We will get organized and start at 8:30 AM covering the one mile section of Hwy 12 from the Park and Ride lot to CTH K. We can cover this section in 1 ½ to 2 hours with enough help.

If you have never noticed it before, there is a sign on the South bound lane displaying our club's name. This twice yearly community project has been performed for many years by our club members. The ideal number of volunteers is 8. If you can help out, pick up the phone and call me at 608.238.9731.

Helen Ann Rugowski



**Viola Kaltenberg
Death: March 30, 2015**

Member since 1980 with husband, Jim. Participated in many exchanges and supported Jim as Ed for West Berlin in 1987 and 1989.

**Full Obituary:
WSJ April 4, 2015 or
www.CressFuneralService.com**

Outreach



Bicycle Enthusiasts....Join Us for Ride the Drive June 7

Mark your calendars now for Sunday, June 7, when Friendship Force members who like to ride their bicycles will meet to participate in "Ride the Drive" in downtown Madison.



Those who are interested in riding as a group from Friendship Force should plan to meet at the corner of Lakeside Street and John Nolan Drive, on the lake side, at 10:30 AM. Please wear a Friendship Force t-shirt or some other Friendship Force identification to help raise awareness about our organization. Please call or e-mail Mary Mastaglio or Mary Babula, if you plan to participate: 608.241.0212 or mcbabula@hotmail.com. For more information about Ride the Drive, check out this website: <http://www.cityofmadison.com/parks/ridethedrive/>

Book Club

Next meeting of the book club will be 7:00PM, Tuesday June 30, at the home of Sandi and George Wysock, 102 Acadia Drive. We will be reading Seventh Generation Earth Ethics by Patty Loew.



This collection of Native biographies, one from each of the twelve Indian nations of Wisconsin, introduces readers to some of the most important figures in Native sustainability. Each of the biographies speaks to traditional ecological values and cultural sensibilities, highlighting men and women who helped to sustain and nurture their nations in the past and present. The Native people whose lives are depicted in Seventh Generation Earth Ethics understood the cultural gravity that kept their people rooted to their ancestral lands and acted in ways that ensured the growth and success of future generations. In this way they honor the Seventh Generation philosophy shared by many Native Americans, which cautions decision makers to consider how their actions will affect seven generations in the future—some 240 years. Author Patty Loew, PhD, is an enrolled member of the Bad River Band of Lake Superior Ojibwe and a Professor at UW-Madison.

Please e-mail Sandi at: sandrawysock@msn.com or call 608.833.5326, if you intend to participate in this discussion.

L.E.O. (Let's Eat Out)



Join us for traditional Indonesian food on Monday, May 18, 1:00PM at Bandung, 600 Williamson St, Madison. It is located in a small shopping center just past the Blair/Williamson St intersection.

Choose from one of these three menu options: \$15 Ikan Rica Rica (Mahi-mahi fillet lightly breaded, served on a bed of steamed vegetables with lime leaf, candlenut sauce with diced tomatoes, ginger, sambal and lemongrass (spicy)); \$12 Udang Goreng Mentega (shrimp, mushrooms, green & red pepper, onion and potato in creamy garlic sauce); or \$12 Vegetable Curry (Carrot, bamboo shoots, green bean, broccoli, cauliflower & potato stir fried in Indonesian sweet & spicy curry served with Jasmine rice.. Gratuity is included in the above meal price. **Bring the correct amount in cash on May 18.**

Gail Holmes is taking the reservations for this L.E.O. Her email address is gholmes@wisc.edu or call 608.249.1846. **Deadline is May 15. Bring a Friend!**

Sandra Wysock and Mary Babula, Co-chairs



FFW 2015 Reports

The annual meeting held on April 26, 2015 had great attendance. Music was provided by All That Jazz Quintet and members, Wyn and Loree Davies, even took a few moments to enjoy a dance or two. Following the meal, David Kalan, Greater Milwaukee FFI club, and also a member of FFI Board spoke briefly. The business meeting followed his speech. Helen Ann thanked all the committee chairs and appointed committees. She also recognized the 2015 officers and the past year of exchange directors.

The officers elected who take office on September 18, 2015 at the board meeting are: President, Mary Babula; VP, Sandi Wysock; Secretary, Lois Schulz, and Treasurer, Judy Taylor.

The revised by laws were accepted after discussion of our name change. The club will now be known as The Friendship Force of Wisconsin - Madison. The change was needed because people were confusing our club with the Greater Milwaukee Club. It was important to have our location as part of the name and FFI already had "Madison" on their documents to distinguish us from Milwaukee.

This past year the Outreach Committee offered many new local activities for people to become involved, such as the Book Club, LEO's and the Craft Group. A new member orientation was held and will again be offered along with an exchange director workshop. The dates are yet to be determined.

FFW is also moving forward with non-profit status to become a 501.3c. We are waiting for the approval of the name change before filing the paperwork.

The rest of the meeting was updates for exchanges and upcoming activities which are also in this newsletter.

Guest Speaker, Dave Kalan

David Kalan is currently serving a 2.5 year term as a fill in on the FFI Board of Directors. He is also past president of the Greater Milwaukee Club and has served 4 terms on the FFI Board.

David informed us about the Strategic Plan for 2015-2016. There are eight initiatives.

1st Initiative--Enrich Friendship Force Exchanges. You can revitalize exchanges through diversity of themed exchanges, such as Friendship In Action with a humanitarian component, learning with language like our exchange with Guadeloupe, being more flexible through new models, exchange structures, and more flexible fee structures.

2nd Initiative--Maximize Exchange Participation & Hosting Capacity. There is a new policy of Fill the Seat 100 days out. They will try E-Membership in 2016. They are also launching a consultative process to help with declining hosting capacity in Europe's challenging destinations and making use of surplus hosting capacity in USA and the Pacific.

3rd Initiative--NextGen for Everyone. It's not about age. This is more for active people who seek more involvement, adventure and freedom. The target is soon to be retirees and younger generations.

4th Initiative--Leadership Development. Enhance what we already provide.

5th Initiative--Branding & Marketing. Enhance what is already in place.

6th Initiative--Leverage Modern Technology by building a new information database with improved functions and improve the web applications for members.

7th Initiative--Partnerships with like-minded organizations that share complementary missions.

8th Initiative--Enhance & Secure Revenue Streams. Only 10% of FFI's revenue stream is from memberships. The bulk is generated from exchanges. Other plans are to define purpose and use of FFI funding which will attract new and diverse donors, introduce a digital fundraising platform that will produce more FFI exposure, explore potential for funding through grants, link campaigns and partnership for specific programmatic fundraising purposes, formulate an endowment plan and lastly continue yearly application for Open World grants.

David also shared the following information: Current membership is 15,000 members in 365 clubs throughout the world, and there were 5,300 club to club ambassadors and 300 special cruise ambassador participates last year.

It was a pleasure to have David speak to the club. He is always uplifting and exciting to hear.

Submitted by Mary Linquist

International Institute of Wisconsin--An International Dinner to Remember!



Stephanie Sorensen hosted a wonderful dinner party for visitors to Madison here under the auspices of the Department of State's International Visitor Leadership Program. Mr. Junior Toe of Monrovia, Liberia; Mr. Sameh Iriqat of Jerusalem, Palestinian Territories; and Mr. Stanislav Kurokhtin of Orlyonok, Russia attended as well as Friendship Force members Helen Ann Rugowski, Marjorie and Peter Marion, and UW Professor Janet Woerner.

The evening began with a short presentation by each visitor of his work at home and the goals of his visit to America. Junior Toe runs the Community Youth Network Program enlisting youth in voluntary service in Liberia. He wished to learn how volunteer programs operate in America and how involved our youth are in our communities. Sameh Iriqat coordinates student volunteer activities at the Al-Quds University in Jerusalem, which requires all students to give at least 120 hours of community service prior to graduation as part of their education. Stanislav Kurokhtin directs the All Russia Children's Center developing leadership and team building skills for some 24,000 youths per year.

Our discussions included homelessness in America, with our visitors wondering why our wealthy nation has no solution for this problem. Different forms of leadership and democracy were also considered, contrasting national elections and centralized governments with local democracy and control. Questions of culture in the forms of democracy, political participation, and voluntary service were addressed, including post-civil war Liberia, occupied Palestine, and the current situations in Ukraine, Russia and the Middle East after the Iraq war. Our Friendship Force participants described America's decentralized governmental structures and taxation, as well as, the ways that voluntary service is organized and provided by our citizens to organizations of their choosing. The evening gave us all a chance to share views on issues close to our hearts, and we all came away with a much better understanding of the complexities facing our nations, and the roles of youth and volunteerism in building a better world.



Submitted by Peter Maion

International Institute of Wisconsin--Dinner at Jane Kessenich's April 19, 2015

Our guests were Ms Vanessa Thomas-Meyers, Trinidad and Tobago, Ms. Isnaraissah Munirah Majilis Fakharr, Malaysia, Mr. Muzi Myaka, South Africa, and Mr. Ammar Alwaheed, Saudi Arabia. Their objectives were to examine the concepts of democracy, government and citizenship and their importance to U.S. civil society; explore advocacy and leadership strategies that facilitate social empowerment and justice, particularly for underserved communities, women and youth; study model programs that promote civic awareness and youth leadership in a variety of contexts such as schools, college, associations, youth clubs, sports programs, arts programs, interfaith-initiatives, and political advocacy; and explore the importance of pluralism tolerance and volunteerism as components of civic life in the U.S. The topics covered were many, how they were chosen, what they hoped to go back with and that we would be the only American family with whom they would have a meal. Ammar shared, "I was not looking forward to this evening, but I will go back to my country and tell how I and my country were welcomed." We asked why he was not looking forward to it. His response was to ask how we had reacted to 9-11-2001. He must have been in his teens that day.

It is a great blessing to meet and share food with people from around the world. Thank you, Friendship Force!

Submitted by Jane Kessenich



clothing of the time and Nancy Mueller was an excellent model for what the woman wore. A welcome lunch was served at Mission San Diego de Alcala by our hosts followed by a guided tour of the mission. This mission was the first of twenty-one California missions founded by Father Junipero Serra in 1769 and marks the birthplace of Christianity along the west coast of the U.S.

Thursday, April 9 was a day trip via motor coach to Anza-Borrego Desert State Park, the largest state park in the U.S., for spring flowers in bloom which were few in number due to lack of rain. Following lunch in Borrego Springs we were taken back in time as we toured the surrounding valley where we saw life-sized metal sculptures, the work of artist Ricardo Breceda, ranging from prehistoric mammals to historical characters, fanciful dinosaurs, and a 350-foot-long fanciful serpent. If you would like to explore further these metal sculptures, visit this website, <http://www.desertusa.com/borrego/bs-art.html>. We then traveled to the quaint little former gold mining town of Julian climbing from sea level to 4000 feet. Today it is famous for the apples it grows and the many different varieties of pies you can purchase in the local shops. It was a fitting dessert before heading back. For many this day was the highlight of the trip.

The San Diego Zoo beckoned us on Friday, April 10th for the day. Your options for getting around the 100 acre park included walking, riding the tram, taking the Skyfari over the tree tops to the Northern Frontier or enjoying a guided bus tour. Of the 3,700 animals representing 650 species, the pandas were clearly the hit of the day followed by the koalas. The day was capped with friendship dinners in the evening.

After all that walking on Friday, everyone was ready for a more relaxed day on Saturday, April 11. Our hosts did not disappoint us with a one-hour North Bay cruise of the harbor area on the Hornblower. The cruise took us past the Maritime Museum, provided us with a closer view of sailboats and yachts heading in and out to the Pacific Ocean, a nuclear submarine base, military aircraft at North Island Naval Air Base, sea lions basking in the sun, and panoramic views of downtown San Diego and the Point Loma coastline with views of the lighthouse and Cabrillo National Monument. We lunched at the Bernardo Winery which was followed by a historic tour of the property that included wine tasting. Following the tour we were free to wander through the village shops or head off on an adventure with our hosts.

Sunday, April 12, was open to enjoy the San Diego area with your hosts. Many spent time at Balboa Park, a few took a historic tour of the Coronado Hotel, some went to La Jolla and some went to Carlsbad to enjoy the flower fields.

Our final day of touring, Monday, April 13 found us at the USS Midway Aircraft Carrier Museum that served our country for 47 years from WWII through Desert Storm. We were taken on a tour of the bridge and heard two presentations on the flight deck explaining the procedure for planes to take off and to land and then had time do a self-guide audio tour to explore the various exhibits and 29 restored aircraft on display. After lunch we had a brief tour of Father Joe's Village, Southern California's largest



San Diego Exchange April 7-14, 2015

19 ambassadors headed west in early April with everyone arriving by Tuesday evening, April 7. Our group was hosted by six couples and six singles. The weather was very "San Diego" awaking each day to pleasant temperatures and sunny skies requiring a light jacket that was discarded by afternoon.

The next day, April 8, we visited Point Loma to learn of California's history visiting Cabrillo National Monument, a national park, named for the Portuguese navigator who arrived in 1542. We had a "living history" guide tell us about the men's

residential homeless services provider for over 62 years. It is a one-stop-shop providing housing, healthcare, food, clothing, education, job training and child development services. The day concluded with a Mexican themed farewell dinner party, at a club member home. Besides the good food, there was music and breaking of a piñata by the ambassador women bringing the fun-filled evening sadly to a close for all.

Tuesday, April 14, the 19 ambassadors headed in different directions, most back to Madison, The Wysock's to Seattle, and Nancy Brown to Hawaii. Everyone has returned home as this newsletter is published.



Global Themed Exchange Opportunity in 2016

“The Prairies to the Rockies

August 18-August 30, 2016

Hosted by the Friendship Force Club of Edmonton, Canada

Experience summer in the Canadian prairies, foothills, and mountains. Enjoy a six-day homestay in Edmonton where you will learn its early history, explore a fur trading post, canoe and or hike in the outdoors, visit downtown Edmonton and enjoy the Fringe Festival. 15 meals are included in the six-day homestay. Then it's off for a seven-day motor coach tour through the Canadian Rockies. First stop is Jasper National Park where you will have an opportunity to hike Maligne Canyon, float down Athabasca River in a raft, take a guided cruise on Maligne Lake, and ride an Ice Explorer over the Columbia Icefields. Next stop is Lake Louise where you have the option to canoe the lake, and later dine in the famous Chateau Lake Louise dining room. Then it is off to explore the town of Banff. Here you can take a gondola up the mountainside, soak in the thermal hot springs and experience a trail ride by horseback or wagon, concluding the day with songs around a campfire under the stars. On the final day driving back to Edmonton, a visit to the Alberta Badlands and Drumheiler and exploring the Royal Tyrell Museum is planned. 12 meals are included on this seven-day tour.

Estimated cost is \$2150 USD based on the current exchange rate and a minimum of 20 ambassadors. Exchange has capacity for 40. Price Includes FFI and host fees, admission to attractions and activities, hotel accommodations, transportation during exchange, and 12 meals on the seven-day Rockies tour.

I have a complete description, information on deposit and final payment and an application form, from the ED, Brenda Kane, if interested. You also can go to this website and contact her: http://catalog.thefriendshipforce.org/index.php/catalog/all_more/the_prairies_to_the_rockies/



Cabrillo National Monument—Conquistador Clothing Presentation—Model, Nancy Mueller



Trekking through Borrego Valley to view the full-size metal sculptures of artist, Ricardo Breceda, with our group leader, Nancy Brown and ambassador, Mary Jane DeVault, Orlando, FL

Donna Hussin, Ambassador

Donna Hussin, 608.845.3393 or djhussin@yahoo.com

Guadeloupe Exchange Activities Reservation Form

July 24-31, 2015

For all FFWI-Madison members, family and friends. PLEASE indicate if also attending FREE events.

Form and Payment due by June 20, 2015

Date	Activity	Price /Person	# Persons	Total Cost
Friday, July 24	State Capitol Tour Welcome dinner- Wisconsin Fish Fry – Babe’s <i>Fried fish, French fries, coleslaw, beverage</i>	Free \$15.00		
Saturday, July 25	Farmers’ Market Travel to Baraboo for Circus World Parade Lunch Blue Spoon, Prairie du Sac Classic Spinach Salad _____ Bistro Burger _____(7 oz shopped steak/ bakery roll) Gobbler Sandwich _____(Turkey with dill pickle) <i>Burger & Sandwich incl . choice of garden salad, kettle chips, potato salad, coleslaw or hot apple baked beans)</i> Opera in the Park	Free Free \$12.00 Free		
Sunday, July 26	Mount Zion Church Service MSCR Pontoon Sunset Cruise on Madison Lakes(Limit 30) First priority ambassadors & hosts. Cranberry Creek Box Lunch Choices: Roast Beef & Cheddar _____ (Onion Focaccia, bistro mayo, lettuce, tomato) Cranberry Creek Signature Salad _____ (Chicken, mixed greens, dried cranberries, mandarin oranges, red onion, pecans, cranberry balsamic dressing) Vegetarian Hummus Wrap _____ (Roasted red pepper hummus herb flour tortilla with cucumbers, tomatoes, mixed greens, onion) <i>Incl. potato salad, brownie and beverage</i>	OYO offering \$8.00 \$9.00		
Monday, July 27	Travel to Monroe to Alp n’Dell for cheese demonstration New Glarus Brewery visit Lunch in New Glarus Frenglish activity	Free Free OYO Free		
Tuesday, July 28	Babcock Hall ice cream demonstration UW campus tour Lunch on Union Terrace Chazen Museum tour – English activity	Free Free OYO Free		
Wednesday, July 29	Epic tour Travel to Mount Horeb for Cave of Mound tour & English activity Lunch on own in Mount Horeb Concert on the Square	Free \$9.00 OYO Free		
Thursday, July 30	Lake Monona Bike/ Walk <i>If need to rent bike</i> Lunch Bourbon Street Grill-Choice Black and Bleu Salad with Grilled Chicken _____ Po-Boy Sandwich with shrimp _____ Southwest Black Bean burger _____ gluten free _____ <i>Sandwiches incl .choice of Sweet Potato Fries, French Fries, JOJO Wedges, Red Beans & Rice, Soup or Salad</i> Farewell Party—Held with the club’s annual picnic.	\$7.00 \$12.00		
TOTAL		\$72.00		

Name of Participants: _____ Phone: _____
 _____ Phone: _____

Make check payable to The Friendship Force of Wisconsin

Send form with payment to Stephanie Sorensen, 1624 C North Golf Glen, Madison, WI 53704
Questions: Contact Maureen Kind, Exchange Director, 608-274-6754 or dmkind@sbcglobal.net

WISCONSIN FRIENDSHIP
Official Publication of
The Friendship Force of Wisconsin
5809 Julia St
Madison, WI 53705
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May 2015

July 2015 Guadeloupe Inbound Exchange Reservation Form
Annual Meeting Report

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