



# Friendship Force

Wisconsin — Madison

ffwis.org

June 2023

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## A NOTE FROM THE PRESIDENT

At the Annual Meeting in April, we elected Vicki Warren to the position of secretary. Her term officially begins in July. Other members of the Board agreed to stay on for another term and were re-elected. We will also be welcoming Dorothy Baldwin as an At Large member of the Board. Thanks to all!

The meeting was streamed for any who wished to participate from elsewhere. Thanks to Larry Neuman and Sandi Wysock for making it work.

Treasurer Mary Juckem has recently moved money we'd been saving in CDs paying less than 1% interest into newly available CDs paying more than 4%. Thanks Mary!



As summer approaches, activities and journeys are on the upswing. Members of our club have been in Toronto this past week, and a pop-up bike ride has already been held.

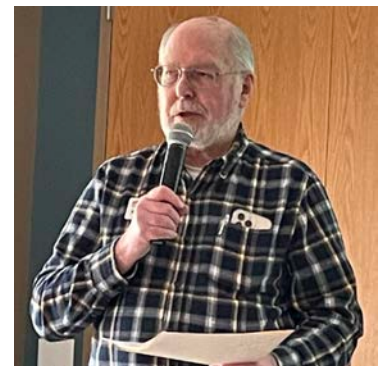
Other local activities are available for us to sign up for: hiking, biking, a book club, volunteering, and monthly lunches at a variety of restaurants come quickly to mind. These are great ways to get to know each other. Look for contacts on our website: [ffwis.org](http://ffwis.org).

Given that Journeys are a major reason for the existence of Friendship Force and given that there is a limit to how many people can go on any particular journey, keep in mind that there are opportunities for individuals to join journeys planned by other clubs. Every now and then we get specific invitations to fill out journeys that have spaces available. Watch for emails that give specifics.

You should have received an email from Mary Lindquist on May 25 with a recent invitation from the club in Lincoln, Nebraska, inviting people "from around the world" with the theme of "Farm to Table: Better Living through Food and Agricultural Innovation." I spoke today (5/25) with the president of the club and learned that they are already half full.

There are also a number of these invitations announced on the FFI website. Check them out at [my.friendshipforce.org](http://my.friendshipforce.org).

*Doug Johnson*



## CALENDAR OF EVENTS



**friendship force**  
international

### Monthly Board Meeting:

The FFI-Madison Board meets via Zoom on the second Thursday of each month @ 4pm.

### page #

May 31-Jun 6: Outbound - Toronto

**Jun 6:** Dining on the 6th *p7*

**Jun 15:** Board meeting [new date]

**Jun 19:** Bookclub *p6*

**Jun 24:** Memorial for Jan Hornback *p9*

**Jun 29:** Second Harvest Foodbank *p8*

**July 6:** Dining on the 6th

**July 13:** Board meeting

**July 15:** Bike/Walk/Run fundraiser *p8*

**July 17:** Bookclub *p6*

**Jul 27:** Second Harvest Foodbank *p8*

**Aug 1:** Orientation - Japan/Australia hosts *p3*

**Aug 4:** Deadline for picnic reservations *p11*

**Aug 4:** Deadline for Japan/Aust activities *p11*

**Aug 24-31:** Inbound - Japan/Australia *p3*

**Aug 30:** Summer picnic (w/Japan/Aust) *p7*

**Oct 2-5:** FFI Conf: Dubrovnik, Croatia *p2*

**Nov 5-11:** Outbound - Christchurch NZ

**2024:** Journey Announcements!! *p3*

Calendar updates will be posted on our website ([ffwis.org](http://ffwis.org)) and/or emailed to you via MailChimp.

### **WORLD CONFERENCE OCTOBER 2 - 5, 2023 DUBROVNIK, CROATIA**

Any member can attend! While the sessions are aimed at club leaders, they provide inside knowledge and understanding of how FFI works and suggestions of how individual clubs can improve.

Members from Madison who have attended previous conferences have found them helpful and report that the opportunity to meet and visit with others from around the world was most enjoyable. In addition to the sessions, there are opportunities to tour the history-rich area.

Find out more at [my.friendshipforce.org](http://my.friendshipforce.org), then watch the colorful panel on the upper left of the page until it cycles to the one about the world conference and click on "register" to see all the details.

If you would like to speak to someone who has previously attended a world conference, contact our Journey Coordinator Stephanie Sorensen at [ssorensen268@gmail.com](mailto:ssorensen268@gmail.com).

The cost for the conference is about \$350. The club is willing to offer financial support sufficient to cover the conference fee and a portion of other costs.

Members who are supported by club funds to attend FF International Conferences are expected to make a presentation (or report) to the entire club after returning and will be encouraged to consider joining the Board in one of its vacant positions.

## JOURNEYS

### Inbound: Japan/Australia Aug 24-31

#### **Opportunities to connect with Japan and Australia Ambassadors**

Please join us in extending a warm Wisconsin welcome to our Friendship Force ambassadors from Japan and Australia! While some ambassadors arrive in Madison a few days early, their official Friendship Force journey begins on Thursday, August 24.

There are numerous opportunities for you to participate in the fun and friendship during their week with us, including picnics, wine tasting, Dells Boat tour, hiking at Devil's Lake, among others. Please sign up in advance using the form at the end of this newsletter (*p11*). Space is limited for some events, so please sign up as soon as possible. **Final deadline is August 4** for receipt of reservations and payment.

For questions about the Japan/Australia Incoming Journey, please contact Journey Coordinators Tom Miller – [miller1950@sbcglobal.net](mailto:miller1950@sbcglobal.net) or Kathy Speck - [kspeckemeny@gmail.com](mailto:kspeckemeny@gmail.com).

#### **Hosts for the Japan/Australia Journey — Save the Date!**

An orientation meeting will be held for all Japan/Australia home hosts, day hosts and dinner hosts on **Tuesday, August 1, 2023 at 6 - 8pm** at the Fitchburg Library. An email will be sent to you with meeting details.

#### **NOTE:**

The Sign-Up Sheet for all Japan/Australia Activities, *including our club's summer picnic*, is printed at the end of this Newsletter (*p11*).

**Final deadline for receipt is August 4, 2023.**

## JOURNEYS

### 2024 Journey Announcements

Our Madison Club is very, very fortunate to be assigned three Journeys for **2024**:

1. We have a return visit from Toronto scheduled for March. (We may want to try to make that a bit later.) This is a wonderful opportunity for those of us going to Toronto to encourage our hosts there to come visit us, as well as deepen the friendships with two in-person interactions.
2. We have a domestic Journey to Greater Harrisburg, PA, in May, especially for those of you who do not want to travel so far and would like to get to know other parts of the US.
3. Our overseas outbound Journey will be to Ghana - to Volta Lake and Trinity-Accra scheduled for September.

We also have requests from other domestic clubs to visit us (usually an opportunity to do an Open World hosting for young leaders in a particular specialty), as well as our pre-planned bike Journey, as additional options if we feel we will have the time and energy to do them.

**2024** is shaping up to be a very busy year and we will need more and new volunteers to make all of this happen. Please talk to me if you have questions about hosting, traveling or volunteering.

Stephanie Sorensen  
Journey Manager  
[ssorensen268@gmail.com](mailto:ssorensen268@gmail.com)  
(608) 819-6646

## **JOURNEYS**

### **Journey Funds Management: Policy Update**

When we undertake a Journey, several elements are part of the costs that are involved for the participants. They are:

1. The FFI fee of \$25 per night per person when we stay with a Host Club. This goes directly to FFI.
2. The Host Club calculates the costs for providing the meals/activities/welcome booklet, etc. during a Journey. We do this when hosting. When we are visiting, they give us the costs that they calculate.
3. Administrative costs (i.e. copying, wire and currency conversion fees, booklets, etc.) as well as a contingency fee to cover unexpected events/costs/tips during a Journey.
4. Partial Compensation to the 2 JCs (Journey Coordinators) to acknowledge the time/effort/responsibility that they put into organizing and overseeing a Journey.\*
5. Reimbursement to Ambassadors of any leftover funds after all costs have been paid.\*

*\*The parts of a journey budget that are being changed by this policy update.*

### **History**

Some years ago the Board developed policies to provide a small reimbursement or incentive to Journey Coordinators to take on the responsibility, management, and coordination of all aspects of our Journeys in both directions. They were based on a percentage formula in an effort to not specify dollar amounts in the policy.

Unfortunately, this approach was extremely cumbersome to execute effectively. (I know because I did the majority of budgets using these formulas and it was very time consuming and complex.)

## **JOURNEYS**

We do believe that it is reasonable to offer some incentive to JCs because it is a task that requires a considerable effort using skills in leadership, communication, organization, thinking ahead to anticipate things, asking questions, making sure everything is completed in a timely manner, as well as being responsible for emergencies during the actual Journey. Emergencies and unanticipated events are fairly common.

In an effort to simplify the process, I solicited opinions from several members, the new Journey Treasurers, and the current JCs; and then wrote a proposal for the Board's review. We passed new policies related to Journey funding.

We believe our members should be more aware of the things that go into charges for Journeys - and also our policies in general - especially when they change. Here is a copy of the new policy.  
*Note that the "contributions" mentioned below are in addition to the basic Journey costs.*

### **POLICIES RELATED TO JOURNEY FUNDS**

Passed by the Board May 11, 2023

#### **1. Outgoing Journeys overseas:**

The contribution is \$50.00 per Ambassador per week for each week the Journey Coordinators are involved in planning and organizing a home stay or an additional tour.

*\$50 will be the application deposit amount.*

#### **2. Outgoing to North America (US, Canada and Mexico):**

The contribution is \$35.00 per Ambassador per week for each week the Journey Coordinators are involved in planning and organizing a home stay or an additional tour.

*\$35 will be the application deposit amount.*

#### **3. Incoming Journeys from anywhere:**

The contribution from the incoming Ambassadors and Journey Coordinators is \$25 per person for the week they are home hosted by FF-WI Madison.

## **JOURNEYS**

### **Journey Funds Management (cont)**

4. The funds collected from these contributions will be split between the two Journey Coordinators. (We require two for each Journey.)

5. The dollar amounts must be reviewed every two to three years by the Journey Manager and the Board to determine whether the amounts are still appropriate given changes in costs.

### **Excess Funds Policy**

We strongly encourage Journey Coordinators and treasurers to budget and collect sufficient funds to cover unexpected emergencies, price increases, currency conversions — generally unexpected things that often arise after all the careful planning is done.

1. Excess funds that total over \$10.00 per person (Ambassadors and Journey Coordinators). All of the money, including the \$10.00 will be returned to the participants as follows: Amounts shall be rounded down to the next whole dollar. The remainder will be donated to the Club treasury. (Example: there is a total of \$12.53 remaining per participant - \$12.00 will go to the participant and \$.53 will go to the Club.)

2. Outgoing Journeys: Reimburse each U.S. - based participant after the final accounting is complete.

3. Incoming Journeys: Accounting must be done as the Journey proceeds as best as it can be calculated. Any such refunds for international participants will be distributed to the participants in U.S. dollars before they leave Madison. U.S. participants may be reimbursed after the final accounting is completed.

*Stephanie Sorensen*  
*Journey Manager*

## **JOURNEYS**

### **FFI Announces Individual Journeys**

Traveling to another part of the world and interested in adding on a few days to build even more new friendships?

Friendship Force International is making that possible by introducing Individual Journeys, a new program with greater options for flexibility to travel in the spirit of Global Friendship.

Information on this exciting new program may be found on the home page of our Madison Club's website, [ffwis.org](http://ffwis.org).

You may also access more information on the official FFI website. The direct link\* is:

**<https://my.friendshipforce.org/en/blog/5a212664f4462551>**

*\*You may have to log into the [my.friendshipforce.org](http://my.friendshipforce.org) portal in order to read the article.*



## ACTIVITIES

### Book Club

Thinking ahead for those traveling this year to New Zealand, several of our book club members met on **May 15** via Zoom to discuss WHALE RIDER by Witi Ihimaera.

This story of New Zealand relates some of the traditions, beliefs and conflicts between tribes of the Maori people through the lives and unique personalities of a family, and especially of "one girl, who, standing against the tide of tradition, enables her tribe to become reconnected with their ancestral force" ... all of which led to an interesting and enjoyable discussion.

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Our next two books are:

*The Hundred-Year-Old Man Who Climbed Out of the Window and Disappeared*, by Swedish author Jonas Jonasson.

Discussion at the home of  
Julie Pretell & Allen Rieland\*\*  
1308 Nishishin Tr, Monona.  
**Monday, June 19 at 7:00 pm.**

"Escaping (in his slippers) through his bedroom window, into the flowerbed, Allan makes his getaway. And so begins his picturesque and unlikely journey involving criminals, several murders, a suitcase full of cash, and incompetent police. As his escapades unfold, Allen's earlier life is revealed - a life in which, remarkably, he played a key role behind the scenes in some of the momentous events of the twentieth century."

All of this should lead to a most interesting discussion. The library has 11 copies available.

**\*\*Special thanks to our hosts  
Julie & Allen!**

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## ACTIVITIES

### Book Club (cont)

*The Sentence*, by Native American author Louise Erdrich.

Discussion via Zoom.  
**Monday, July 17 at 7:00 pm.**

This novel brings together the races: black, Native American and white, in a story of the present time as well as its history.

"A small independent book store in Minneapolis is haunted from All Soul's Day 2020 to All Soul's Day 2022 by the store's most annoying customer. Flora dies on All Soul's Day, but she simply won't leave the store. Toookie, who has landed a job selling books after years of incarceration that she survived by reading...must solve the mystery of this haunting while at the same time trying to understand all that occurs in Minneapolis during a year of grief, astonishment, isolation and furious reckoning."

The library has 12 copies available.

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Just a reminder to contact Marjie or Marian for the Zoom link if needed. Let one of us know if you have suggestions for further reading or if there are ways we can improve our book club experience. Let us know, too, if you would like to be added to the book club email list.

Marian Ehrenberg [marianeh2014@gmail.com](mailto:marianeh2014@gmail.com)  
Marjie Marion [midsi@aol.com](mailto:midsi@aol.com)



## ACTIVITIES

### Dining on the 6th

**La Pollera Colombiana**  
3579 E. Washington Avenue  
**Tuesday, June 6, 2023**  
12pm for lunch

We have another opportunity to taste the cuisine from a local ethnic restaurant. This time at La Pollera Colombiana Restaurant which is tastefully decorated with attire, hats, flags, flowers, and names of cities which highlight the special culture of the Central American nation of Colombia.

The menu is in English and Spanish with colorful pictures of the menu items. Prices for entrees are in the upper teens. They include pork, chicken, steak, seafood plus appetizers and salads. Sides are included and could be a small salad with tomatoes, onions and slivered carrots, beans, white rice, french fries, or sweet plantain or fried green plantain. Five desserts are offered for a finale. I had jumbo shrimp in garlic sauce that was delightfully decorated with a delicate purple and white small orchid, a popular flower of Colombia. La Pollera is currently authorized to serve beer, and they have applied for a liquor license. Of course, there are a variety of non-alcoholic drinks and juices.

Specials for Tuesdays are grilled chicken breast and breaded fish fillet served with rice and beans for \$11.95.

Let's be supportive of our ethnic entrepreneurs who provide us with a taste and experience of their culture and nation. — Gail Holmes

**Editor's note:** *This activity has already passed, but Gail's description of this restaurant was so inviting that I kept it in the newsletter anyway! Perhaps some of you reading this will be inspired to join us at a future **Dining on the 6th** experience. Many thanks to Gail for presenting us with so many wonderful opportunities!*

## ACTIVITIES

### Summer Picnic

This year our summer picnic will be held on **Wednesday, August 30 at 5 pm** at Vilas Park. This annual event will coincide with our farewell to the Japan and Australian ambassadors who will be departing Madison on August 31<sup>st</sup>.

A buffet meal will be provided by Upstairs Downstairs Catering. An assortment of homemade desserts will be contributed by FF member and baker extraordinaire, Donna Miller.

Other members who wish to share a favorite dessert with our international friends are also welcome to do so. Just let us know on your sign-up form so Donna can adjust quantities.

Looking forward to seeing you at the summer picnic and other events during the Japan/Australia journey!

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*Please RSVP for the **Summer Picnic** on the Activities Sign-up sheet on p11 of this newsletter, even if you are not involved otherwise with the Japan/Australia Journey.*

***Deadline for reservations for all the activities, including the Summer Picnic, is August 4.***



## ACTIVITIES

### Second Harvest Foodbank

It was a sweet day at Second Harvest Food Bank on **Thursday, May 25**, since our chosen assignment was packaging Trix cereal into huge plastic bags of eight scoops each and double sealing them. Nine round balls of cereal were put into each large cardboard box.

Donna Hussin, Vivian Norton, Gail Holmes, and new member Chris Miles worked with others on this fragrant task! Our next volunteer opportunity will be on **Thursday, June 29**.



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### ***FRESH, LOCAL FOOD FOR EVERYONE***

Our Madison club volunteers at the end of each month. We sort, package, and generally prepare bulk food into smaller proportions for distribution by the Foodbank.

*Come join us on our next volunteer service days:*

<b>June 29</b>	<b>12:30-3:30pm</b>
<b>July 27</b>	<b>12:30-3:30pm</b>

*Second Harvest Foodbank  
2802 Dairy Drive, Madison, WI 53718*

## ACTIVITIES

### Bike Rides etc

We had beautiful weather for the bike ride on **Monday May 22**, for the first joint bicycle ride between Friendship Force and SAS (Sports for Active Seniors). There was a total of eight riders. The trip leaders Vivian Norton and Larry Neuman were joined by club members Maureen Kind, Diane Mertens and Tomas Gaal, and three cyclists from SAS.

The trail conditions were very good along with perfect cycling weather. We rode the Badger State Trail from the Fitchburg AMC parking lot to Belleville (24 miles roundtrip) and stopped for an excellent lunch on the outdoor patio of the J&M Bar in Belleville. Lunch time was enjoyable sharing stories of past cycling trips. Paula from SAS had stories from the Iowa ride RAGBRAI (Register's Agricultural Great Bike Ride Across Iowa). She will be on that ride again this year.

The afternoon temperatures were higher but the shade along the trail made the return ride comfortable. We are looking forward to more "pop-up" rides in June. Watch for those rides in your email. Contact Vivian at [vjoan@icloud.com](mailto:vjoan@icloud.com) to join the popup list.

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A joint activity for bikers, walkers or runners is the Boys & Girls

Clubs' fundraiser *MOVE N GROOVE* on **Saturday, July 15, 7am-2pm** at McKee Farms Park. The registration fee supports our Dane County youth. All team members do not have to participate in the same activity. Contact Larry Neuman, Bike Ride co-leader (with Vivian Norton); or Maureen Kind, Let's Walk/Let's Hike leader.



## ACTIVITIES

### *Day Trip Survey Results*

There were 37 individuals who completed the survey: 24 at the annual meeting and 13 online.

*The top choices based on first, second, third, and fourth ranking are:*

**Wausau, WI:** Includes a tour of the Hsu's Ginseng Enterprises Farm, a visit to the "From Laos to America" Hmong Museum, and a visit to the Yawkey Woodson Birds in Art Exhibition.

**Menomonie Reservation – Keshena, WI:** Tour the Cultural Museum and the Logging Camp Museum considered the largest in the United States.

**La Crosse, WI:** Enjoy a one and a half hour cruise on the authentic La Crosse Queen Paddlewheeler on the upper Mississippi River, tour Lock & Dam No. 7 on the Mississippi, and go on a narrated historical tour of La Crosse ending atop Granddad Bluff.

**Pittsville, WI:** Cranberry Marsh Tour offered by the Pittsville High School Science class that begins with an orientation, followed by traveling to different stages of harvesting the cranberries, and ending with lunch at the high school.

**Green Bay, WI – Oneida Nation:** Settling in WI — tour the Nation, visiting the cultural museum and the Oneida Veteran's Memorial Wall & Purple Heart Monument.

**North Barrington, IL:** Visit the Wandering Tree Estate which offers floral gardens with large and elaborate model railroad layouts.

For 2023, we will work on an August and October date. The venues we will try to schedule are the Menomonie Reservation and La Crosse.

*Donna Hussin  
Day Trip Coordinator*

## IN MEMORIAM



We were saddened to learn that member Jan Hornback passed away on May 31, 2023 after a brief illness. Jan joined Friendship Force in 2018 with her partner Cheryl Koerwitz. Jan led the FF biking group for a time, was active in the book club, and supported our Second Harvest activities.

A celebration of life and potluck are planned on **June 24, 2023, at 11am - 4pm** at Devil's Lake State Park: South Shore - White Pine shelter.

Please bring a favorite game to play, your own drinks, a dish to pass, and chairs. Also feel free to bring kayaks, canoes, paddle boards, or snorkels to enjoy the day and celebrate Jan's life.

It was Jan's wish for all to be well and spread joy.



*May she rest in  
peace.*

*To read Jan's full obituary, go to:*

<https://www.gundersonfh.com/obituaries/Janet-Lee-Peterson-Hornback?obId=28063484>

## ACTIVITIES

### April Meetings

The Membership Committee was pleased to recognize several long time members during our annual meeting on **Sunday, April 30th**, at the Fitchburg Public Library.

Three members, **Kay and Steven Babcock and Milly Pearson**, received special attention for being members since the founding of our Club in 1978 — 45 consecutive years!

They were each presented with a certificate showing our club's gift of Lifetime Memberships. Kay and Milly were given a wrist corsage of small roses, and Steven a bouquet of carnations. One of Milly's sons was present.

Other long-time members who were in attendance were given single carnations:

Mary Lindquist - 41 years  
Margo McKnight - 40 years  
Angie Garrison - 37 years  
Donna Ulteig - 34 years

Thank you to Mary Lindquist who was instrumental in finding this information in our club's database.



*photos courtesy of Lise Skofronick*



International  
desserts  
served  
at our  
Annual  
Meeting

April 30  
2023

\*\*\*\*\*

The Membership Committee, assisted by Sandi Wysock, held an informal meeting of new members. The goals were to get to know each other better and to learn how Friendship Force International and our own club function. Twelve club members, the majority being new in the last 2 years, gathered on **Tuesday, April 25th**.

We started by playing a game called *WE! Connect Cards: Create Conversations that Matter*. We worked in groups of 3 or 4, sharing our thoughts on the topics and questions on the cards.

After a couple of rounds, we viewed a powerpoint that Sandi Wysock had updated. It explained the relationship between our club and FFI, the new vocabulary that FFI is using, how to participate in journeys, and our obligations as FF members. Mary Lindquist and Lise Skofronick added details and answered questions.

Peter Kaufman was our tech expert who helped with the flow of images on a large screen. The presentation was well received. We hope to repeat the event later on this year.

## Sign-Up Sheet for Activities of Incoming Journey from Oita, Japan, and Tweed Valley, Australia

Date	Time	Activity	Cost per person	# attending	Cost
Friday August 25	10:00 – 12:00	Olbrich Botanical Gardens	\$6 pp		
	12:00 – 1:30 p.m.	Lunch	On your own		–
	5:00 p.m.	Welcome picnic at Warner Park – Potluck provided by members	See note #1		–
Saturday August 26	11:00 a.m.	Wisconsin State Capitol Tour	Free		–
	12:00 – 1:30 p.m.	Lunch – State Street, food trucks, or Memorial Union	On your own		–
	2:00 – 3:30 p.m.	Chazen Museum Tour	Free		–
	Free time	Union Terrace, Bascom Hill, Allen Centennial Gardens	Free		–
Sunday August 27	All day	Free day that ambassadors and hosts spend together			
Monday August 28	10:00 a.m.	International Crane Foundation Tour, Baraboo, WI – See note #2	\$10 pp		
	1:00 p.m.	Lunch – Summer House Grill & Bar, Lake Delton, WI	On your own		–
	3:00 p.m.	Wisconsin Dells Boat Tour – 2+ hours	\$33 pp		
Tuesday August 29	8:00 a.m.	Cedar Grove Cheese Factory Tour, Plain, WI	\$3 pp See note #3		
	11:00 a.m.	Home-packed lunch at Jaycee Park Shelter, Sauk City, WI	Bring your own		–
	1:00 and 1:30 p.m.	Wollersheim Winery Tour, Prairie Du Sac, WI	\$18 pp		
	3:00 – 6:00 p.m.	Devil's Lake State Park, Baraboo, WI – Hike/walk/enjoy the lake We will stay at the White Oak Shelter, on the South Shore	Entrance fee		–
Wednesday August 30	9:00 a.m. - 12:00 p.m.	Hinchley's Dairy Farm Tour, Cambridge, WI – 3+ hours	\$15 pp		
	12:00 – 1:30 p.m.	Lunch – Box lunch at the farm, from Cambridge Market	\$15 pp		
		Select from the following "protein bowls":	See note #4		
		Roasted Veggies			
		Pico Ranch Chicken			
		Honey Mustard Chicken			
	5:00 p.m.	Farewell picnic, Vilas Park Shelter – Catered Buffet Dinner	\$25 pp		
			See note #5		
				<b>Total cost:</b>	

Your name:

Your Phone Number:

Your email address:

<b>Note #1</b>	For the welcome potluck, please contribute a dish that serves 10 people, and can be served cold or at room temperature. To help us get a wide variety of foods, please contribute according to your last names beginning with: A-F: Main dish (for example chicken wild rice salad) G-L: Raw vegetable tray, or green salad M-R: Fresh fruits, or fruit salad S-Z: Dessert
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<b>Note #2</b>	Based on current information from the International Crane Foundation, reserved, guided tours are not included with ICF membership. Thus, even if you are an ICF member, you will still need to pay \$10 for the tour.
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<b>Note #3</b>	Due to space limitations, this tour is available only to ambassadors and home hosts/day hosts accompanying them. For those, who participate, the cost will be \$3 per person.
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<b>Note #4</b>	Roasted Veggies: roasted carrots, peppers, squash, and onion with chickpeas, hummus, and fresh spinach Pico Ranch Chicken: diced chicken, black beans, corn, fresh pico, ranch dressing, and fresh spinach Honey Mustard Chicken: diced chicken, chickpeas, black beans, cucumbers, sweet peppers, honey mustard dressing and fresh spinach All meals come with a fruit cup, a cookie, some rolls and/or chips, and some beverages
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<b>Note #5</b>	Farewell Picnic Buffet Menu, catered by Upstairs Downstairs Deli: Beef kabob; Broccoli-cheddar stuffed chicken breast; tossed green salad; roasted sweet potatoes; green beans almondine; iced tea; lemonade.	
	Vegetarian substitute by special request only: Grilled Veggie Kabob	
	If you prefer the vegetarian substitute, please check here:	
	Donna Miller will prepare an assortment of desserts. Thank you, Donna!	
	You may also choose to contribute a favorite dessert of your own (OPTIONAL). If so, please check here:	

Please make checks payable to Friendship Force of Wisconsin-Madison, and send your check along with this filled-out form to the Journey Treasurer: Magdolna Sebestyen, 133 Alpine Meadow Cir, Oregon, WI 53575

The Host Committee invites all members to participate in any or all of these activities! Please submit your sign-up form and payment as soon as possible. The final deadline for receipt of your form and payment is August 4<sup>th</sup>.



## **ELECTED BOARD OF DIRECTORS**

### **President**

Doug Johnson (608) 238-1785  
[djohnson44@ameritech.net](mailto:djohnson44@ameritech.net)

### **Vice Presidents**

Diane Mertens (608) 271-8657  
[mertensdk27@gmail.com](mailto:mertensdk27@gmail.com)  
Larry Neuman (608) 271-8657  
[wlneuman@yahoo.com](mailto:wlneuman@yahoo.com)

### **Secretary Pro Tem**

Martha McGregor (608) 835-8591  
[mcgregor.martha@gmail.com](mailto:mcgregor.martha@gmail.com)

### **Treasurer**

Mary Juckem (608) 358-0608  
[maj2810@gmail.com](mailto:maj2810@gmail.com)

### **Past President**

Kathy Speck (608) 577-4885  
[kspeckemeny@gmail.com](mailto:kspeckemeny@gmail.com)

## **ADDITIONAL BOARD MEMBERS**

### **Newsletter**

Angie Garrison (608) 833-3656

### **Member/s at Large**

Donna Ulteig (608) 335-0639  
[donna.ulteig@yahoo.com](mailto:donna.ulteig@yahoo.com)

## **Standing Committee Chairs**

### **Activities**

Gail Holmes (608) 249-1846  
[glholmes@wis.edu](mailto:glholmes@wis.edu)

### **E-Communications**

Sandi Wysock (608) 833-5326  
[sandrawysock@msn.com](mailto:sandrawysock@msn.com)

### **Journey Manager**

Stephanie Sorensen (608) 819-6646  
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## **Membership**

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