



# Friendship Force

Wisconsin — Madison

ffwis.org

December 2023

## A NOTE FROM THE PRESIDENT

Even as Winter is just starting to sneak in, things are happening and plans for Summer and next Fall are worth our attention.

You have recently received two MailChimp emails. One is an announcement that the club of Greater Des Moines has openings for our members to join their upcoming journey to Mexico. The other announces the Holiday Party for our members on January 6. I hope to see you at that party!

We will be hosting an incoming journey in the Spring for the club from Toronto, where some of us traveled as ambassadors recently. Watch for requests for you to be hosts. We have been given the opportunity for two outgoing journeys as well: to Greater Harrisburg, PA, and to Ghana. Watch for the opportunity to apply once the dates are settled.

**REMINDER:** In order to be an ambassador, each individual must have registered with Friendship Force International. This is to be done on the FFI website and each person must have their own email address! If that is an issue for you, we have people who can help you.

Have you heard? In October the Milwaukee club is going to host, with help from other clubs, including us, a North American Conference. These conferences are for everyone in a club, not

just for elected leaders. There is already talk about how our club can be involved. We will start hearing of ways we (you) can be involved as plans get settled.

Before the ambassadors from Japan and Australia came here this summer, they had each approached the mayors of their respective cities to declare a special “Wisconsin Day”. They brought with them beautifully rendered official statements from their mayors to that effect, as well as small gifts, with the intent to deliver them to the mayor of Madison. It saddened them that such an event could not be arranged. After their departure, Tom Miller was able to secure a time when those statements and gifts could be presented. The photo below shows me (left) and Tom (right) with Mayor Rhodes-Conway (center) at the delivery of those statements.

My best wishes to you for a safe and wonderful time however you celebrate the coming holidays!

*Doug Johnson*



## CALENDAR OF EVENTS

### 2023

page #

Dec 14:	FF Board Mtg — via Zoom	
Dec 15:	Member Renewal forms due	p2
Dec 18:	Book Club — via Zoom	p7
Dec 24:	Contact Stephanie to volunteer!	p3
Dec 28:	Holiday Party reservation due	p9

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### 2024

Jan 6:	 <b>Holiday Party</b> 	p9
Jan 11:	FF Board Mtg — via Zoom	
Jan 22:	Book Club — via Zoom	p7
Jan 29:	Sign up for Second Harvest	p8
Jan 31:	Second Harvest	p8
Feb 8:	FF Board Mtg — via Zoom	
Feb 28:	Second Harvest ?	p8
Apr 16-24:	Des Moines' Mexico trip	p11
May 1-9:	Outbound - Harrisburg, PA	p3
June 6-13:	Inbound - Toronto, Canada	p4
Late July:	Outbound - Ghana, Africa	p4
Oct 7-9:	Regional Conf in Milwaukee	

### *Monthly Board Meeting:*



The FFW-Madison Board meets virtually on the second Thursday of each month @ 4pm.

*Calendar updates will be posted on our website ([ffwis.org](http://ffwis.org)) and/or emailed to you via MailChimp.*

## DECEMBER

## NEWSLETTER

## HIGHLIGHTS:

	Holiday Party /Dining on Jan 6	p9
	Sign up for Harrisburg . . . <b>ASAP!</b>	p3
	Second Harvest is BACK!!!	p8
	Sandi's tech tips!	p10
	Special Invite to Mexico	p11

*Celebrate the Holidays with us on Jan 6!*

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### **ATTN: ALL MEMBERS**

It's that time again! Membership Renewal forms for **2024** were mailed out Nov 27.

If you didn't receive one, blank forms are available under the "Members" tab on our website:

[WWW.FFWIS.ORG](http://WWW.FFWIS.ORG)

### **Good news!**

We were able to keep our club's dues at **\$40.00 per person**, as approved at the last Board meeting.

*There was a printing error on the form which was corrected manually. It should read that the annual dues /person over 17yo are \$40 (not \$35).*

**PLEASE RETURN YOUR FORM BY  
DECEMBER 15, 2023**

*Lise Skofronick and Mary Lindquist  
Membership*

## JOURNEYS

### An Invitation to All!

#### OPPORTUNITIES GALORE!

We have several opportunities to be involved with various types of Journeys in 2024 - and it is now time for all of us (including me!) to get serious about being organized before the end of 2023 so that these journeys are successful and fun. I do need help and input from as many of you as possible to make these Journeys happen!

Please send responses to me *before Christmas* at [ssorensen268@gmail.com](mailto:ssorensen268@gmail.com) regarding any or all of these travel options, or call me at (608) 819-6646 - I will be around.

As an incentive, we do offer Coordinators for both Outgoing and Incoming Journeys partial financial compensation for the extra effort and responsibility they accept as part of that role. And it can actually be quite fun to be in charge of the planning! I am here to guide you, and several others have had experience in these roles too and are very helpful if you ask a question.

It would be wonderful to have members other than our already busy Board members to lead these Journeys. WE NEED YOU!!!

Thank you in advance for volunteering!

*Stephanie Sorensen  
Journey Manager*



## JOURNEYS

### Outbound Journey: Harrisburg - May 1-9, 2024

Our first official Journey of 2024 is to Harrisburg, PA. A few people have told me they are interested in this Journey, but we need more to make it happen. Often people don't know much about a place (including "flyover country" here in Madison!) and then are very pleasantly surprised by their visit. Harrisburg is within a driveable distance, or you could fly into Philadelphia and do the bus tour into Harrisburg as detailed below. Possible add-ons include nearby Gettysburg and also Frank Lloyd Wright's masterpiece, Falling Water.

One of the mottoes of FF is 'Faces; not Places', so please consider making some new friends with our close neighbor and soon-to-be hosts, the very welcoming Harrisburg Club!

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Here is a description of the most recent visit to Harrisburg by a Pikes Peak group last October. It sounds pretty darn good!

### ***YOU'RE INVITED TO HARRISBURG!***

*"Ask Outbound Pikes Peak Region Coordinators Jeanne and Brian Marsh if they enjoyed their recent (October 2023) journey to The Burg, and you'll hear a resounding, "Yes!" As the Inbound Coordinator, I listened for grumblings and heard none. Even the locals remarked how much they learned on this journey.*

*"We began, as we often do, with a lecture on early 1900's mural artist Violet Oakley (first [American] woman to receive a public mural commission) and a tour of the building she painted, the [PA] State Capitol, often referred to as the "Palace of Art." Her work is absolutely incredible and makes our Capitol the most beautiful in the nation. Find out for yourself!*

## JOURNEYS

### Outbound Journey: Harrisburg, PA (cont)

*"A Harrisburg journey is not limited to the indoors. We were guided by a Dauphin County Parks & Recreation Environmental Educator along the Towpath of Wildwood Park; followed, just for Fall fun, by an afternoon wagon ride around a gourd and sunflower farm. Plus, we decorated "ghost" gourds [pictured below].*



*"Harrisburg is very close to Hershey so off we went to the Hershey Story Museum and the Trolley Tour around town where the street lights are in the form of Hershey kisses.*

*"Few [knew] the story of Milton Hershey. He was not just about making chocolate. He and his wife were philanthropists. Their influence on Central Pennsylvania continues to this day. We will visit their beautiful home to further immerse ourselves in the Hersheys and their international travels. Chocolate is important in Wisconsin and so too in Pennsylvania!*

*"The Pikes Peak group arrived in Philadelphia, saw that City of Independence, and then took a guided tour bus to Harrisburg through Amish Country.*

*But there's more to see in that area! You can get up close and personal with an Amish Grandmother who will tell you all about her life. And we can visit the Railroad Museum and take a train ride from Strasburg to Paradise. Just let the Inbound Coordinator know!*

*"The Hosts were wow'ed by a local historian who told us all about the Underground Railroad*

## JOURNEYS

### Outbound Journey: Harrisburg, PA (cont)

*as an active hub in the town of Columbia PA, and we walked with him on an historic tour of the town. Harriett Tubman herself visited Columbia many times.*

*"Your Welcome Party will be at the National Apple Museum near Gettysburg where you'll see the manual version of equipment that peels and cores apples. And there's a whole lot more memorabilia recalling the history of the fruit industry in South Central PA. And if she's home, our Farewell will be at the home of a member who lives on Yellow Breeches Creek known for its fantastic trout fishing.*

*"We are eager to host you, Madison! Come on down!"*

*— Barbara Blakistone  
Inbound Coordinator for Madison's Visit*

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### Inbound Journey: Toronto — June 6-13, 2024

Attention 2023 Toronto Ambassadors!

Coming up is our Incoming Journey by the friends we made in Toronto last year. They are all very eager to visit us from June 6 to 13<sup>th</sup>. I need two Co-Coordiators for this Journey as well as several committee members to organize a wonderful program for them. Please contact me by Christmas.

### Outbound Journey: Ghana — Late July 2024

Several of you have expressed interest in our Outgoing Journey to visit two clubs in Ghana in late July. Please reconfirm/express your interest in this unusual opportunity for our Club - and consider volunteering to be a Co-Coordinator by Christmas.

*Stephanie Sorensen  
Journey Manager*



## RECENT JOURNEYS

### Outbound: New Zealand — Nov 5-11, 2023

During the month of October, 18 ambassadors participated in a three-part journey to New Zealand. The parts included a nine-day tour on the North Island, a six-day tour on the South Island, and a five-day home stay in the city of Christchurch on the South Island. It was a complex journey with a different number of ambassadors on each segment.

The North Island journey began with ten ambassadors traveling to Auckland on the North Island after “losing” a day crossing the International Date Line. These ten super-tired people enjoyed three days in the most sophisticated part of New Zealand. They enjoyed fine dining, a ferry trip, and an on-off bus trip around Waiheke Island visiting vineyards and small artist communities much like Door County in Wisconsin. We of course made the mandatory visits to the local museums and colorful marina area.



— 3 tired but happy “hobbitses” dust off their feet after a walk on the Weeping Sands of Onetangi, Waiheke Island (North Island, NZ)

## RECENT JOURNEYS

### Outbound: New Zealand (cont)

On the fourth day, we were bused to Rotorua with a stop along the way at Hobbiton, site of many scenes from *The Hobbit* and *The Lord of the Rings* movies. The peaceful valley, varying-size hobbit holes, and the Green Dragon Inn were just as pictured in the movies.

Rotorua is an area of geothermal activity, much like Yellowstone with Jurassic Park type of foliage. We hiked in the area, took in a farm show emphasizing the New Zealand sheep industry, traveled to the mountain top in the area via gondola for the view and a luge ride down, and attended a Maori cultural demonstration and hangi feast.



— photo courtesy of Allen Rieland  
FF-Madison, WI

## RECENT JOURNEYS

### Outbound: New Zealand (cont)

The next day found our ambassadors on their way to Wellington (the capital of New Zealand) via airplane for a three-day stay. A short bus trip took us to the Weta Workshop tour. The workshop developed the special effects for many movies including *The Lord of the Rings* and *The Hobbit*.

The remaining days were spent with the mandatory museum tours, tours of the Capitol building, tours of the town, and sweater shopping. We left Wellington via ferry, crossing the Cook Strait for the South Island.

The South Island tour began with a train ride, complete with some open gondola cars, traveling from Picton to Christchurch. The route had mountains with snow-capped peaks on one side while the ocean was crashing on the other side. We arrived in CHCH with a day layover to do laundry and take care of other necessities, and to have six more ambassadors join the original ten.

The tour of the South Island was much more tightly choreographed than the prior tour. We did a 12-day tour in six days. It involved a lot of on-the-bus / off-the-bus type of travel. Our first stop on day one was a vineyard for a wine tasting and to get everyone some 'anesthetic' for the fast-moving trip. We stopped at the Pancake Rocks and viewed Mt. Cook from a distance on a clear day along with many other vistas. The next day we stopped at the Franz Joseph Glacier for a walk and saw some beautiful mountain lakes.



## RECENT JOURNEYS

### Outbound: New Zealand (cont)

High points for the next days included a gondola ride up to Bob's Peak for a lunch with a view, walking some of the old gold mining towns in the area, and a boat trip on Milford Sound in the Fiordland National Park. We visited the A.J. Hackett bungy jump (the first bungy jump, river on the bottom), None of us took the plunge but we did get to watch some other people who did.



<<--HATS!-->>

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Rain and clouds closed in on us the last day of the tour so we did not

get a chance to visit Mount Cook Village or the Mt. John Observatory. Back at Christchurch, we were greeted by our home hosts for the last part of the journey, along with our last two ambassadors.



Christchurch suffered an earthquake in 2011 and is still trying to recover from the effects. Many of the hosts had their homes destroyed in the event and were in new or different homes. We were taken to the earthquake museum which showed many of the before-and-after pictures in the affected areas.

The International Antarctic Centre for the United States is in Christchurch. We were taken to the Centre for an Antarctic weather and geography lesson. They put us in a cold room to simulate an Antarctic blast. We determined it was no different from Wisconsin in January! Other events included a visit to the air rescue group for the Christchurch area, and a rousing game of croquet on a billiard table flat-grass course. (The sport is quite popular there). This was followed by the farewell dinner.

— George Wysock

## ACTIVITIES

### Book Club

Two excellent book discussions took place in October and November, by zoom:

October 16:

*Turn Right at Machu Picchu*, by Mark Adams, was a vicarious immersion into some remote corners of the Peruvian Andes as Adams reports on his adventure retracing the steps of an early 20<sup>th</sup> century North American explorer seeking ancient cities there. Enjoyed by all in attendance!

November 20:

*Africa Is Not a Country: Notes on a Bright Continent*, by Dipo Faloyin, addressed issues affecting the continent mainly in the modern timeframe, post-1884. The scramble for ownership that was codified and the borders that were drawn with the General Act of the Berlin Conference (signed by fourteen European nations; the US declined to sign) is used to start Faloyin's fascinating discussion of history, politics, cultures and controversies on the African continent.

— *Highly recommended to our club members traveling to Ghana next summer. If you just read the opening section Identities, you will be hooked!*



### ***Announcing our next three books:***

*The Deep Blue Between* by Ayesha Hamuna Attah. Discussion via zoom on **Monday, Dec 18 at 7pm**

Twin sisters Hassana and Husseinah have always shared their lives. After a raid on their village in 1892, the twins are torn apart. Taken in different directions, far from their home in rural West Africa, each sister finds freedom and a new start.

Hassana settles in in the city of Accra, where she throws herself into working for political and social change. Husseinah travels to Salvador,

## ACTIVITIES

### Book Club (cont)

Brazil, where she becomes immersed in faith, worshipping spirits that bridge the motherland and the new world. Separated by an ocean, they forge new families, ward off dangers, and begin to truly know themselves.

As the twins pursue their separate paths, they remain connected through their shared dreams. But will they ever manage to find each other again?

— *A novel written for teens.*

*[reprinted from Oct '23 News]*



*Norwegian Wood*, by Lars Mytting;

OR

*The Sixteen Trees of the Somme*, by Lars Mytting  
Discussion via zoom on **Monday, Jan 22 at 7pm**

*Norwegian Wood* is literally about splitting logs, stacking and seasoning the wood, and then building a fire, with photo illustrations; and it is not long. "A runaway best-seller in Europe, the book provides in-depth information about tree types, wood-stacking methods, tools, and stoves; it also examines the history of man's longstanding need for warmth and his passion for open fire."

Thinking that some readers might prefer a story, Mytting's novel of one man's "desperate quest to unlock the family's tragic secrets takes him on a long journey - from Norway to the Shetlands, and to the battlefields of France - to the discovery of a very unusual inheritance. *The Sixteen Trees of the Somme* is about the love of wood and finding your own self, a beautifully written intricate and moving tale that spans an entire century."

— *Publisher's website*





## ACTIVITIES

### Book Club (cont)

*Prisoners of Geography: Ten Maps That Explain Everything About the World* (2015) by Tim Marshall.

OR

*The Power of Geography: Ten Maps That Reveal the Future of Our World* (2021), by Tim Marshall.

Discussion via zoom on Monday, Feb 19 at 7pm.

*Prisoners* covers Russia; China; the USA; Latin America; the Middle East; India and Pakistan; Europe; Japan & Korea; Greenland & the Arctic.

*The Power* has sections on Australia; the Sahel; Greece; Turkey; the UK; Iran; Ethiopia; Saudi Arabia; Spain; and space.

Both books provide a context often missing from our political reportage: how the physical characteristics of these countries affect their strengths and vulnerabilities and the decisions made by their leaders.”

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Several copies of all five books are available in the library system (<https://www.linkcat.info>), so please pick one up and join us on any or all three dates. We meet on third Mondays (except for January 2024) at 7:00 pm, by zoom, and are happy to welcome interested participants even if they have not read or finished the book. (I for one would like to read all five, but I can't possibly!)

The zoom link will be sent out by email a few days before each meeting, so contact one of us if you want to be added to the email list – or if you have trouble finding a copy of a book. We can help!

Marjie Marion [midsi@aol.com](mailto:midsi@aol.com)

Marian Ehrenberg [marianeh2014@gmail.com](mailto:marianeh2014@gmail.com)

## ACTIVITIES

### Second Harvest Foodbank

Friendship Force is back on the volunteer schedule at **Second Harvest Food Bank** as members requested at our fall membership meeting. We will now be serving on the last **Wednesday** of each month for the 12:30 to 3:30 shift. **January 31** will be our first time in the new year.

Second Harvest exists to end hunger in southwestern Wisconsin. As volunteers we will be getting food and other products ready for distribution to their partner agencies—food pantries, shelters, meal sites, etc.

Our tasks include sorting, labeling, packaging food into family-friendly portions, and cleaning the work area following the project. We usually are joined by individual volunteers as well as folks from other organizations for a joyful mix of committed workers.

What we need now is a healthy response from our members for this outreach project of Friendship Force.

Please register with Gail Holmes, 608-249-1846, or email [glholmes@wisc.edu](mailto:glholmes@wisc.edu), by Monday, **January 29, 2024**. Looking forward to your participation!

### ***FRESH, LOCAL FOOD FOR EVERYONE!***

*Come join us on our volunteer service days:*

|               |                     |
|---------------|---------------------|
| <b>Jan 31</b> | <b>12:30-3:30pm</b> |
| <b>Feb 28</b> | <b>12:30-3:30pm</b> |

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Second Harvest Foodbank  
2802 Dairy Drive  
Madison, WI 53718



## ACTIVITIES

### *Dining on the 6th*

### *& Annual Holiday Party*

**Saturday, January 6, 2024**

**Luncheon at 12 noon**

**Maple Bluff Country Club**

500 Kensington Dr, Madison, WI

*NOTE: Registration due by Thursday, Dec 28*

Our Club Holiday Party will be combined with our Dining on the 6th event at the Maple Bluff Country Club for lunch at noon on Saturday, **January 6, 2024**. We can enjoy fellowship with each other in the private Sky and Ballroom reserved for the Friendship Force.

We will be dining from the banquet menu of the Southern BBQ Buffet. The selections are Carolina-Style BBQ, pulled pork shoulder, hickory smoked chicken, creamy coleslaw, sweet cornbread, honey butter, red beans and rice, braised green beans with bacon and onions, mac & cheese, and peach cobbler for dessert. Coffee, hot tea, and water are included.



— View of Lake Mendota from Maple Bluff Beach

## ACTIVITIES

### *Dining /Annual Holiday Party (cont)*

The total cost per person is \$35 which can be paid by check in advance, made payable to Friendship Force of Wisconsin, and mailed to me (Gail) **OR** by exact cash and checks brought with you on the 6th. Once I guarantee your reservation to the Country Club, you will be responsible for payment.

**Please register by Thursday, December 28, with host Gail Holmes:** phone (608) 249-1846, email [glholmes@wisc.edu](mailto:glholmes@wisc.edu), address 3457 Hargrove Street, Madison, WI 53714.

Looking forward to having you join with your Friendship Force friends for good conversation and continuing holiday joy, plus a pleasant dining experience in an elegant setting!

*As always, please be sure to wear your name tag.*

### *Recent Dining on the 6th*

Gathering at noon on **Sunday, November 5**, at the Maple Bluff Country Club were Carla & Michael Dilorio, Sandy Drew, leader Gail Holmes, Marjie & Pete Marion, Margo McKnight, Vivian Norton, Ed Reid, Helen Ann Rugowski, Lise Skofronick, Stephanie Sorensen, and Virginia Swickey. We dined on delicious brunch and lunch entrees served on white tableclothed round tables on the second floor overlooking the greens. All enjoyed delightful conversation and friendly socializing!

There was no Dining on the 6th in November.

*Photo courtesy of Angie Garrison*

## **E-COMMUNICATIONS**

### **Sandi's Tech Tips & Apps**

I attended a recent Friendship Force International presentation where the FFI staff shared Apps that may be useful to Friendship Force members as they plan their journeys and travels. You might want to try some of these out.

#### **What's App**

What's App is used very commonly around the world. In fact, many prefer What's App communications over Email.

To use What's App, both parties must have the App installed. If you have a contact that is not on What's App, you can invite them to join so that you can communicate. You must be on a cellular network or WiFi to use the system. It offers fully-encrypted end-to-end communications and free calls around the world. The App is free.

Our journeys are beginning to use the App while we are traveling to stay in touch, communicate meeting times, share photos and notify others of schedule changes. Journey coordinators may find that their contacts in the other clubs will respond to What's App more quickly than Email.

This is a link to the FF members' site that provides some training on What's App:  
[https://friendshipforce.org/virtual\\_experiences/whatsapp-training/](https://friendshipforce.org/virtual_experiences/whatsapp-training/)

#### **Pack Point**

Ever wonder what to pack? Enter your travel destination, the dates of your travel and the type of activities you plan to participate in, and Pack Point will generate a packing list for you. This is a free App.

## **E-COMMUNICATIONS**

### **Sandi's Tech Tips (cont)**

#### **SkyScanner & Rome2Rio**

Both are travel sites that let you compare and book travel options for your trips including flights, hotels and car hire. Both apps check across multiple airlines to find the best rates. Rome2Rio also includes European trains. Free Apps.

#### **Duolingo**

Want to learn a language before traveling? Duolingo is a free game-based application that will help you learn over 30 languages.

#### **Google Translate**

Add this App to your phone. Speak to the app and it will translate to the language that you have specified. You must have wifi access.

If you are offline, you can type in your message and see a translation.

You can also use the camera to translate signs, menus and other written documents. Very useful when your host or guest does not speak English or you need help!

#### **Four Square**

A city guide. Enter your location and City Guide will give you local restaurants with their pricing and rating as well as activities and events nearby.

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Perhaps you have additional tools that you find useful. If so, let me know.

*Sandi Wysock*  
*Electronic Communications*

**JOURNEYS**

***A \*Special Invitation\* from the Friendship  
Force of Greater Des Moines  
April 16-24, 2024***

**JOURNEYS**

***Hey Madison!***

*Interested in a warm vacay in April?  
Take a look at this opportunity!!*

## Let's Go to Mexico!



Friendship Force of Greater Des Moines  
to  
Friendship Force Xalapa, Veracruz, Mexico

4/16/24 arriving in Xalapa - 4/24/24 departing from Veracruz



### About Xalapa

Xalapa (huh-laa-puh) is the capital and second largest city of the Mexican state of Veracruz. It's ringed by volcanoes and cloud forest.

The culture of Xalapa is influenced by its major university, the University of Veracruz, and the city has many museums, theatres, parks, street art, and historic building.

The city's interesting history started with the Totonac, an indigenous people, who were invaded by Aztec emperor Moctezuma. The city has seen Spanish colonization, the Mexican-American War, civil war and the puppet regime of Habsburg Duke Maximilian I, and the influence of General Juan de la Luz Enríquez.

### Xalapa Sample 7-night Program

- ♦ Welcome Party and Farewell Party
- ♦ Visit the Anthropology Museum of Xalapa
- ♦ Visit the Santa Ana Museum
- ♦ Xalapa Symphony Orchestra concert
- ♦ Visit to Coatepec city (includes a visit to a coffee plantation, a processing plant, and coffee tasting)
- ♦ Regional cooking workshop or/ and regional dancing workshop
- ♦ Visit to Clavijero Botanical Garden
- ♦ Visit to Xico, a "magical village" (if time)
- ♦ Full day excursion to Veracruz city

The visit includes transportation by bus with a stop to visit the archeological site of Zampoala, a tour of the city, lunch and visits to museums (if time).

### Journey Extension

There is no official extension but it would be easy to extend the journey by taking day tours from Veracruz city. Let Shelley know if you are interested.

### Estimated Costs

\$730 includes all fees, ground transportation, and hotel in Veracruz (1 night)  
\$783—\$913 airfare on Delta, depending on your flight choices  
**\$1513—\$1643 total**

### Application Information—Journey 24204

The application deadline is **Saturday, December 30, 2023.**

Please send the \$25 administration fee with your application. If not accepted, your check will not be cashed.

Applications (printable or fillable Google.docs) are on myFriendshipForce.

**Link** <https://helpcenter.friendshipforce.org/help/where-can-i-find-an-ambassador-application-and-agreement-form/>

**Trail** Help Center—> Journeys —> Club-to-Club Journeys —> Where can I find an Ambassador Application and Agreement Form?

**Or Ask** Shelley to email the link to you.

### Questions?

Contact: Shelley Bain, Ambassador Coordinator, shelleybain@centurylink.net  
Mail to: 1008 38th St, Des Moines, IA 50311-3619

## **BOARD OF DIRECTORS**

### **President**

Doug Johnson (608) 238-1785  
[djohnson44@ameritech.net](mailto:djohnson44@ameritech.net)

### **Vice Presidents**

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[mertensdk27@gmail.com](mailto:mertensdk27@gmail.com)

Larry Neuman (608) 271-8657  
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### **Secretary**

Vicki Warren (608) 617-2213  
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### **Treasurer**

Mary Juckem (608) 358-0608  
[maj2810@gmail.com](mailto:maj2810@gmail.com)

## **ADDITIONAL BOARD MEMBERS**

### **Newsletter**

Angie Garrison (608) 833-3656

### **Members at Large**

Donna Ulteig (608) 335-0639  
[donna.ulteig@yahoo.com](mailto:donna.ulteig@yahoo.com)

Dorothy Baldwin (608) 742-6493  
[janddbaldwin@gmail.com](mailto:janddbaldwin@gmail.com)

## **STANDING COMMITTEE CHAIRS**

### **Activities**

Gail Holmes (608) 249-1846  
[glholmes@wisc.edu](mailto:glholmes@wisc.edu)

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### **Journey Manager**

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### **Program**

Mike Lambert (608) 577-1057  
[lambertmichaelj@gmail.com](mailto:lambertmichaelj@gmail.com)

David Blado (715) 341-8308  
[david-blado@sbcglobal.net](mailto:david-blado@sbcglobal.net)

## **ACTIVITIES COMMITTEE**

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 Reta Harring [retaharring@charter.net](mailto:retaharring@charter.net)  
 Audrey Liimatainen [AMCL822@yahoo.com](mailto:AMCL822@yahoo.com)  
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### **Activity Leaders**

### **Adopt-A-Highway**

Stephanie Vanden Bush [sljacobs2@gmail.com](mailto:sljacobs2@gmail.com)

### **Bike Rides**

Vivian Norton [vjoan@icloud.com](mailto:vjoan@icloud.com)  
 Larry Neuman [wlneuman@yahoo.com](mailto:wlneuman@yahoo.com)

### **Book Club**

Marian Ehrenberg [marianeh2014@gmail.com](mailto:marianeh2014@gmail.com)  
 Marjie Marion [midsi@aol.com](mailto:midsi@aol.com)

### **Dining on the 6th**

Gail Holmes [glholmes@wisc.edu](mailto:glholmes@wisc.edu)

### **International Institutes**

Sandi Wysock [sandrawysock@msn.com](mailto:sandrawysock@msn.com)

### **Let's Walk/Let's Hike**

Maureen Kind [dmkind@sbcglobal.net](mailto:dmkind@sbcglobal.net)

### **Second Harvest Foodbank**

*~ currently vacant*



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